

				RAWSTOCK	SUNDAY	AUGUST 29	2004				
SUNDAY	REGISTER	MAIN STAGE	AMPITHEAT	MEADOW		HAY BALE 1	HAY BALE 2	HAY BALE 3	HAY BALE 4	HAY BALE 5	HAY BALE 6
						Nutrition + Digestion	Children + Poetry	Health Motivation	Athletes' Alley	Eco-health + Farming	Fasting & Spirituality
7-8	Register										
8-9	Register			Yoga with Mary Burt							
9-9:15		Doug Graham									
9:15-9:30		Roz Gruben - Health or just raw?									
9:30-10		Roz Gruben		Doug Graham - fitness games			Natalie Tilley				
10-10:30		John Kohler - smoothie demo		Doug Graham - fitness games			Cecilia Bemunjea				
10:30-11		John Kohler - smoothie demo	Djin Aquirian - music			Rozalind Gruben			Bradley Saul - solving your anxiety	Don Weaver - Planting Paradise	Doug Graham - All about detox
11-11:30		Dave Klein - Total health regeneration					Karin Dina			Don Weaver - Soil remineralization	Doug Graham - All about detox
11:30-12		Doug Graham - Dressing Right food demo	D. Weaver - Earth stewardship			Tim Trader		Roz Gruben - Vibrant Aging			
12-12:30		Doug Graham - Dressing Right				Dave Klein - Diet transition					
12:30-1		Open	Roz Gruben - Your fitness						Brendan Brazier		Rick Dina - fasting
1-1:30		Rick Dina - AGE's & Acrylamide	Victoria Boutenko					Cecilia Bemunjea		Tonya Kay	Tim Trader - Self Love
1:30-2		Don Weaver - Regenerating planet health					Happy Oasis - wild raw poetry	Doug Graham - Building Motivation			
2-2:30		Roz Gruben - Raw Emotions	Tim Trader - Fermented foods & other myths	Tonya Kay - flag spinning dance		Doug Graham - How foods digest	Natalie Tilley	Dave Klein - Self Healing			D. Aquarian - Essene-Qabalah Connection
		Rozalind Gruben	John Kohler - juicers & blenders	Tonya Kay dance		Rick Dina					
3-3:30		The Klein Trio - jazz music							Forum		
3:30-4		The Klein Trio - jazz with Stanley Banks					Don Weaver		Forum		
4-4:30		Doug Graham - Fruit or Fat? Part II					Natalie Tilley				
4:30-5		Doug Graham					Cecilia Bemunjea				
5-5:30		Doug Graham - Goals & Motivations									
5:30-6:30		Testimonials									
6:30-7	Canoe sign-up	Fundraiser + Closing									
7-8	Canoe sign-up		Music	Healing Circle - Tim Trader							
8-10			Music	Games							

